

# Ysgol Gynradd Dafen Primary School



## Polisi Gwrth-fwlio / Anti-bullying Policy

*This policy shows due regard to the United Nations Convention on the Rights of the Child.*

*Article 2: No discrimination*

*Article 12: Respect for children's views*

*Article 13: Sharing thoughts freely.*

Dafen School believes that bullying is unacceptable and should not be tolerated. All members of the school community share a collective responsibility for tackling bullying should it occur and in working together to promote positive behaviour.

*"All children, whatever their race, sex, beliefs and abilities have the right to be safe and to be free from oppression, humiliation and abuse" (The Children's Act 2004).*

### Aims of the policy

Our Policy is a working framework to support our whole school ethos which is to ensure that children feel safe, secure confident and happy. It is designed to prevent bullying behaviour wherever possible, to respond consistently in line with agreed procedures should it occur and to provide support to those involved as appropriate. Our children's health and well-being is of paramount importance.

Prevention includes sending out a clear message that negative behaviour is anti-social, unacceptable and will not be tolerated here. This school policy is based on the Welsh Government initiative and Guidance "*Respecting Others: Anti-Bullying Guidance*". It can be accessed from

[www.wales.gov.uk/respectingothers](http://www.wales.gov.uk/respectingothers)

### What is Bullying behaviour?

**"Bullying is when someone hurts, threatens or frightens you regularly."**

Bullying is deliberately hurtful and designed to cause distress. It is usually repeated over a period of time and is difficult for the person being bullied to defend themselves against. It involves an imbalance and abuse of power and is not age dependent. It may have a racist or discriminatory motivation and can focus on ethnicity, culture, class, religion, learning difficulties, gender, sexuality, long term health conditions and disability. It may be based on small differences between children which are not always clear to us and may shift and develop as relationships change. Bullying behaviour may be shown by individuals or groups. It may not always be clear who is manipulating the behaviour we see. Some children can be 'provocative victims' e.g. by behaving in a tiresome way which eventually triggers a response which may then be seen to be bullying.

Bullying is not falling out with friends, choosing not to play with someone, disliking someone, one off aggressive behaviour such as a fight between children who disagree, accidental physical contact, or the normal rough and tumble of playground life.

### **Bullying can take many forms, but the main types are:**

- **Physical**, for example, hitting; kicking; punching; spitting; biting; sexual harassment; having belongings damaged, stolen or removed.
- **Verbal**, for example, name calling; teasing; insulting; sarcasm; threats; offensive remarks; sexual/racial comments.
- **Emotional / Psychological**, for example, excluding, humiliating, dirty looks; making distressing

comments about family members, spreading stories/malicious rumours.

**There are also specific types of bullying relating to identities that should be part of these existing strategies.** Schools may benefit from some additional support when devising preventative and responsive measures to different types of identity-based bullying. To this end, the Welsh Government has produced a set of type-specific anti-bullying guidance for schools.

The set includes:

- bullying around race, religion and culture
- bullying involving learners with special educational needs and disabilities
- homophobic bullying
- sexist, sexual and transphobic bullying
- cyberbullying.

**These specific types of bullying should be tackled by the school using the guidance materials on the Welsh Government's website at: [www.wales.gov.uk/respectingothers](http://www.wales.gov.uk/respectingothers)**

Bullying affects everyone, not simply the victims and the instigators. It has an influence on other children who may witness violence, aggression and the distress of the victim.

#### **Our whole school approach to preventing bullying includes:**

- Developing a positive ethos which includes knowing bullying is unacceptable;
- Having high expectations for positive behaviour - which helps and supports learning and development;
- Promoting co-operation and expecting socially responsible behaviour;
- Encouraging those who witness bullying to act positively by alerting staff and exerting collective peer pressure to deter the bullies;
- Valuing and celebrating everyone's differences, skills and talents;
- Supporting the development of emotional literacy, self esteem and resilience through assemblies, Circle Time, PSE, the Healthy Schools programme, skills development, teaching pupils personal coping strategies, School Council involvement, Buddy schemes and Peer Mentoring;
- Active involvement / working closely with our designated Police liaison officer – PC Ruth Courtney in the delivery of the all Wales School Liaison Core Programme;
- Showing respect for others;
- Making the information in this policy available to all stakeholders; □
- Involving all members of the school community in designing /implementing this policy.

#### **Why should we be concerned?**

Someone who is experiencing bullying will be upset and distressed and find it hard to concentrate on work or learning. There may be signs such as poor attendance, truancy, being late, being off school sick, becoming withdrawn and anxious, losing possessions and money, having mood swings, and showing untypical behaviour.

#### **Encouraging reporting of incidents if bullying occurs**

Pupils in this school can be assured that their concerns will be responded to with sensitivity. All reports will be taken seriously and investigated;

Confidentiality for anyone who shares information will be respected;(unless Safeguarding issues are involved)

Opportunities for children to communicate concerns include a problem box, access to any member of staff, representation on the School Council and buddies/playground peacemakers who will pass on concerns;

#### **If bullying occurs we will implement the following procedures, as appropriate, in line with the Welsh Government "Respecting Others" guidance:**

We will take all incidents seriously and record their occurrence on a Bullying Log.

**A designated person (HT) or a senior member of staff will monitor and collate information on victims and potential bullies by:**

- Investigating the incident / establish facts by independently talking to all involved;
- Using appropriate intervention techniques to manage difficulties between bullies & victims;
- Encouraging reconciliation where this is possible / feasible;
- Where bullying behaviour has been established, implement agreed sanctions consistently and fairly as necessary to prevent further incidents;
- Involve parents as early as possible where incidents merit it;
- Apply guidelines from the all Wales Police “School Beat” partnership working document to determine whether official police involvement is needed; as indicated in these guidelines,
- Deal with incidents internally wherever possible;
- Keep accurate, factual records of all reported incidents and the school’s response.
- Always follow-up incidents after they have been dealt with and review outcomes to ensure bullying behaviour has ceased;
- Provide on-going support for those involved where necessary;

**Depending on the type of incident, if sanctions are used, these may include:**

- Withdrawing privileges/free time;
- preventing access to parts of school;
- lunchtime exclusion;
- short term exclusion;
- involving parents as / when necessary;
- involving appropriate outside agencies;
- exclusion.

**SUMMARY: Strategies and preventative measures to reduce the likelihood of bullying at Dafen Primary School:**

- A whole-school approach involving everyone (staff, students, parents & governors) in developing and implementing this policy;
- Awareness raising of the issues, procedures, sanctions and method of monitoring bullying, eg. assemblies, pastoral work, PSE lessons, PC lessons, use of websites;
- An ethos of personal responsibility where students are encouraged to tell if they experience bullying themselves or see others being bullied – knowing that not taking action condones the behaviour;
- Having a system in place for pupils to inform staff in confidence when bullying occurs; ensuring staff are appropriately trained and supported to respond to this.
- Developing our understanding of collective responsibility through Support Groups, Circle Time, School Council, Peer Mentoring/ Support, appropriate curricular work (eg PSE and our Healthy Schools initiative; sessions with School Community Police Officers);
- Having a clearly understood and implemented Playground / Safe Environment Policy;
- Having a clear, explicit link with the school’s Behaviour and Child Protection & Safeguarding Policies;
- Including bullying in our home-school agreement;
- Providing clear information and guidance on dealing with bullying and the help which is available for students, parents and staff.

**Reviewing the policy**

The final details of this policy have been drawn up in consultation with pupils, staff and members of the school community.

It will be discussed, reviewed and revised annually.

Next Review: November 2022

**Reference documents and useful links:**

- “Respecting Others : Anti-Bullying Guidance” Sept 03 National Assembly for Wales Circular No: 23/2003.
- Respecting Others Anti Bullying Guidance September 2011; Circular 050/2011

[www.wales.gov.uk/respectingothers](http://www.wales.gov.uk/respectingothers)

- “Evaluation of Anti-Bullying Policies in Schools in Wales” Cardiff University Report 2006
- “School Anti-Bullying Policy Self-Assessment Tool” Welsh Assembly Government Nov 08
- Be-SMART Resource file / Pembrokeshire County Council Internet Safety Group
- All Wales Police School Liaison Core Programme and All Wales Police “School Beat” guidelines for schools [www.schoolbeat.org](http://www.schoolbeat.org) for links to Police School Liaison Programme outline and documents.