



Ysgol Gynradd Dafen Primary School

Food and Fitness Policy

Date: 26/09/24

Review dates:



Introduction and background to the exemplar policy (updated May 2015):

This policy will enable schools to link the positive effects that diet and physical activity can bring to childrens' physical, mental and emotional well-being.

A poor diet and lack of physical activity are major contributing factors to increasing levels of childhood obesity and associated health problems. In response to these concerns, the Welsh Government has produced The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) 2013 Regulations (which legislates previous Appetite for Life guidance). This sets out to improve the nutritional standards of food and drink provided in **all Local Authority maintained primary, secondary and specials schools and learner referral units in Wales.**

'*Creating an active Wales*', the Welsh Government Strategy for Sport and Active Recreation, outlines ways to increase physical activity levels. A recent report from the Chief Medical Officer: [UK Chief Medical Officers' Physical Activity Guidelines \(publishing.service.gov.uk\)](#), states that '*children & young people should accumulate an average of at least 60 minutes of Physical Activity per day across the week*'

Estyn

Estyn inspectors will look for evidence that schools have an effective approach to the promotion of food and fitness. Inspectors will consider '*whether the school has appropriate arrangements that encourage and enable learners to be healthy*' and '*take a broad view of healthy living that encompasses physical activity and fitness as well as eating and drinking*'. Since the introduction of the 2013 regulations Estyn will also:

- check that the governors include their arrangements for promoting healthy eating and drinking (and how they meet the duties in Sections 1,4,6 and 7) in their annual report to parents;
- ask learners about whether the school encourages them to eat healthily and
- note any obvious breaches of regulation

Healthy Schools context

'Food and Fitness' is one of the 7 health topics within the Welsh Network of Healthy School Schemes and schools are supported by their local team to develop a whole school approach to food and fitness. By involving members of the school community in developing and reviewing this policy it can show the school's commitment to promoting healthy eating and physical activity and providing consistent messages throughout the whole school.

Food and Fitness Policy development

Important points to remember when introducing a new Food and Fitness policy in your school:

- The exemplar policy template *must* be amended to reflect actual school practice. Aspects in **bold** are a legislated requirement. The whole document should be reviewed and amended to relate to your school; aspects in **red** show particular areas that need to be completed or amended.
- The whole school community should be consulted about the policy, including learners, staff, parents and other relevant people.
- The policy must be agreed by the Governing Body.
- It should be consistent with other school policies and should be Equality Impact Assessed in line with all school policies.
- There should be a named person responsible for the policy and ensuring it is regularly reviewed.
- It should be designed to be inclusive and to offer appropriate opportunities for all children.
- The format and presentation of the policy should make it accessible to all users. Where possible, develop a young person's version with learner input.

At Dafen Primary School we are committed to encouraging our learners to lead active and healthy lifestyles. We believe that healthy children will be able to take full advantage of the educational opportunities that the school provides. The partnership of home and school is critical in shaping children and young people, and their future health.

We encourage a whole school approach to food and fitness. The head teacher, staff and governing body will ensure that food provided in the school and advice given to learners promotes a healthy and active lifestyle.

Physical literacy is the development of fundamental skills such as running, jumping, throwing and catching from an early age. We are committed to providing high quality inclusive PE lessons and health related exercise and work in partnership with Healthy Schools, Dragon Sports/5 x 60, Physical Literacy Programme for Schools (PLPS) and other Community Sports organisations. A combination of all of these different aspects will ensure physical literacy levels of learners will increase.

Allergen legislation

The European Union (EU) Food Information for Consumers (FIC) Regulations 1169/2011 requires any food business offering food to children or adults to provide allergen information in a clear and consistent way. Manufacturers of pre-packaged products provide this information on packaging. The Education Catering Service provides this information on Allergen Matrices, available from the Education Catering website. The school requires parents/carers to provide information about their child/children's allergies (if relevant). If required, the school will provide allergen information about any foods/drinks given to learners.

Aim: To ensure that consistent messages are communicated about food and fitness by people, practices and places in the school.

Objectives:

- To develop and promote a positive ethos that reflects the school's commitment to adopting a whole school approach to healthy eating and physical activity, which is embedded in the School Development Plan
- To ensure that learners, teachers, parents, governors and members of the wider school community are stakeholders and contribute to the development and review of this policy
- To promote learner participation and decision making in all aspects of food and fitness activities
- To work in partnership with school meal providers to ensure that consistent messages about nutrition and healthy lifestyles are given to our learners
- To improve the health of the whole school community by equipping learners with the knowledge and skills to establish and maintain lifelong active lifestyles and healthy eating habits
- To ensure that activities related to food and fitness provided for learners throughout the day are inclusive and consistent with curriculum guidance and Welsh Government regulations
- To offer a broad range of inclusive, safe and stimulating indoor and outdoor sports, play and recreational activities to continually develop physical literacy levels and fundamental skill development

Implementation and Monitoring:

- Mr Jordan Fish is responsible for co-ordinating the policy.
- The governing body will take responsibility for the Food and Fitness policy and has nominated Mrs Alex Stone as the link governor.
- The School Council, Eco Committee and the Rights Respecting Ambassadors are actively involved with the development and implementation of the Food and Fitness policy
- The Senior Management Team will ensure that there is adequate training and resources for staff involved in the delivery of the aims and objectives of the school's Food and Fitness Policy
- The Senior Management Team and governors will monitor progress at regular intervals
- The policy will be reviewed annually to take account of any developments in the school and updates in local / national guidance
- **The Governing Body will promote healthy eating and drinking among registered learners**
- **The Governing Body (and local authority) will encourage the take-up of school meals and milk and take reasonable steps to ensure that every learner receives free school lunches and free school milk.**
- **The actions taken to promote healthy eating and drinking will be included in the Governors' Annual Report to Parents**

The following members of the school community were consulted on the development of this policy:

- Senior Leadership team
- School Council / Eco Committee / Rights Respecting Ambassadors
- Parents
- Governors / Link Governor
- Catering Manager
- Healthy Schools Co-ordinator
- PE Co-ordinator
- PSE Co-ordinator

Food and Nutrition

Breakfast Provision

- **The breakfast provision complies with The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013 and The School Standards and Organisation (Wales) Act 2013**
- **The breakfast provision takes account of the Free Breakfast in Primary Schools Statutory Guidance for Local Authorities and Governing Bodies (2014)**
- **The Education Catering Service provides allergen information with clear signposting**
- The uptake of free breakfast (primary) is encouraged and the school promotes healthy breakfasts via newsletters, curriculum work, school web site, displays etc.
- The breakfast provision also provides learners with the opportunity of participating in active play / physical activity

Break Time (Primary / Nursery)

- **Only fresh fruit, vegetables, milk and water are provided** at snack time and in the fruit tuck shop. **Nursery classes receive a healthy snack in line with the Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013**
- The fruit tuck shop is open daily and assisted by School Council Representatives
- The School Council / Eco Committee / Rights Respecting Ambassadors are consulted in decisions about the Fruit Tuck Shop
- Learners bringing food and drink into school are permitted to eat only fruit, vegetables, milk or water at break time
- The school actively participates in fruit and vegetable related events or initiatives (e.g. Fruity Friday, 5-A-Day Campaign)
- The school regularly organises taster sessions of seasonal / local / Fair Trade fruits and vegetables
- **The Education Catering Service provides allergen information with clear signposting (where catering is provided)**

School Milk

- **The uptake of free milk is encouraged**
- Free milk is offered daily to all Foundation Phase learners
- Subsidised milk is available daily to all Key Stage 2 learners
- Refrigerators are cleaned daily and temperatures are recorded for safety
- Milk packaging is recycled

Water

- **Fresh drinking water is easily accessible to learners and free of charge at all times**
- **Water containing sweeteners, sugars, honey, colouring or flavouring is not permitted**
- Learners are allowed to drink water freely throughout the day and 'Water Bottles on Desks' is promoted
- Learners are able to use reusable water bottles from the school
- The Welsh Government's 'Think Water: Guidance for Water in Schools' is adhered to regarding cleaning and maintenance of water bottles and coolers
- Water stations are signposted throughout the school and supervision staff direct learners to available water sources
- Water stations / coolers are situated away from school toilets
- Learners are educated about the benefits of drinking water and made aware that taps in toilets are not an appropriate source of drinking water

Energy Drinks

- Energy drinks are not permitted in school.
- Learners are taught about the detrimental effects that energy drinks can have on people's health

School meals

- **School meals comply with The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013**
- **The school encourages the take-up of school meals**
- School group/s and Mrs Davies regularly liaises with the School Catering/Kitchen Manager
- School group/s engage with the whole school community about school meals and feedback to the School Catering/Kitchen Manager and Education Catering Service
- Learners can pre order their school meal through ParentPay before 8pm the night before.
- Fresh fruit is prominently displayed on service counters
- The School Catering/Kitchen Manager showcases school meals at parents' evenings and open days
- School meals are served on plates with age-appropriate cutlery
- School meals can be purchased for single or multiple days (ParentPay)
- **The Education Catering Service provides allergen information with clear signposting**

Packed Lunches

- At the start of each academic year, parents/carers are provided with information on nutritionally balanced packed lunches and hygiene of lunchboxes
[Healthy Lunchboxes \(gov.wales\)](http://gov.wales)
- The school **does not** permit sweets, chocolate, fizzy, energy drinks, squash and crisps.
- The School Council promote healthy lunchboxes to learners and their families
- On school trips, parents/carers are encouraged to provide a healthy packed lunch for their child and discouraged from providing confectionery/sweets
- Curriculum work covers the content and benefits of eating a healthy packed lunch
- The promotion of healthy lunchboxes is extended to school trips
- An appropriate cool/shaded storage area is available for learners to store their lunchboxes

Dining Environment

- The dining room is comfortable and inviting and there are displays promoting healthy eating
- The tables, chairs and floor are maintained in a clean condition and there is enough space to move freely through the dining room and eat at a table
- The noise level is managed to an acceptable level of social chatter
- There are enough Supervision Staff to apply the following dining procedures

Dining Procedures

- Queuing time is minimised by staggering lunch times for different Classes
- Queues are managed to promote positive behaviour
- Learners have free choice to sit in friendship groups and members of school staff dine with the learners
- There is enough time to eat and socialise in the dining room, as well as participate in physical activity
- Learners are not permitted off site during lunch time
- Learners are allowed to eat their lunch at their own pace and are encouraged to eat their main meal items before their dessert

Food and Nutrition in the Curriculum

- Learners are taught to understand the relationship between food, physical activity and the short and long term health benefits
- Learners at all key stages acquire skills in preparing and cooking food and develop an understanding of food hygiene. Cross-curricular links are made by cooking within relevant contexts in the curriculum
- Learners learn about a healthy balanced diet using the most up-to-date resources (Food Standards Agency 'Eatwell Guide')
- Learners are given the opportunity to examine how food choices are affected by a number of factors including the media and the conflicting messages these may present (e.g. sugar-free fizzy drinks)
- Learners have the opportunity to learn about growing foods/food production and issues such as sustainability, food miles, food waste, seasonality, recycling and composting.

Fruit and Vegetable Co-ops

- The school runs a weekly food co-op to help families access affordable fruit and vegetables
- A member of **teaching/support staff/parent** has assumed overall responsibility for setting up and running the co-op. Learners have roles and participate in the running of the co-op
- Families and staff are actively encouraged to regularly purchase from the co-op
- *(If the school does not run a food co-op)* – The school promotes the local food co-op to families as a way of accessing affordable fruit and vegetables

Whole School Approach - Celebrations / Social Events / Rewards

- The school holds whole school events to promote healthy eating and physical activity (e.g. Healthy Living week)
- Events organised before 5:30pm on a school day encourage and promote healthier options in keeping with The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations
- Non-food based rewards are used by all staff members (e.g. stickers, certificates)
- The school uses non-food based birthday celebrations during assembly all children sing Penblwydd Hapus.
- Parents / carers are advised that food brought into school to celebrate birthdays will be given to the learners to take home with them at the end of the school day
- Fairtrade and Enterprise activities are either non-food based or promote consistent healthy eating messages
- Fund-raising events and activities run by learners and/or parents/carers/PTA promote a consistent, balanced healthy eating message (i.e. not focused on cake or sweet sales)
- The school does not promote the collection of branded tokens/vouchers from food products high in sugar, fat or salt

Oral Health

- The school actively promotes oral health messages (e.g. tooth-brushing twice a day, limit sugary food/drinks, healthy snacks, fruit, milk and water at break times), through curricular and extra curricular activities
- The school participates in Designed to Smile programmes. The Brush Bus tooth-brushing programme is run in Nursery to Year 2 and the fluoride varnish programme in Nursery and Reception classes
- The school encourages home-school links through parent/carer participation in oral health projects and workshops
- The school actively encourages learners and families to regularly visit the dentist and informs parents/carers of the support available from the Designed to Smile team
- The school will include oral health promotion in any relevant health events in the school and parents meetings
- The school encourages the use of mouth guards for contact sports to reduce the risk of orofacial injuries

Hand Hygiene

- The school recognises the importance of proper handwashing and learners learn *how* and *when* to wash their hands
- The school actively promotes hand hygiene through curricular and extra-curricular activities
- There are procedures in place to ensure learners wash their hands before snack and lunchtime
- Suitable hand-washing facilities (warm water, liquid/foam soap and hand driers) are provided in learner and staff toilets

Breastfeeding

- The school provides an environment in which breastfeeding is seen as the norm i.e. visual images of mothers and babies reflect breastfeeding as the biological norm
- Learners can access relevant books and curriculum opportunities i.e. Biology, PSE, Health and Social Care, Roots of Empathy programme
- Parents and other visitors are welcome to breastfeed their child on school premises. All staff are aware of this and are supportive.

Physical Activity and Fitness

Physical Activity within the Curriculum

- The school is committed to providing 2 hours of timetabled, quality physical education per week for every learner
- The school engages with local and national programmes to support delivery of P.E. and uses recommended resources e.g. P.E. and School Sport (PESS) / Physical Literacy Programme for Schools
- Opportunities for cross curricular links are explored and developed (e.g. Science / PSE /Geography), highlighting the health benefits of regular exercise
- Where possible, context for learning is driven by physical activity (e.g. Health, Fitness and Wellbeing or Olympics contexts) and links are made between food and fitness
- Opportunities of developing outdoor and adventurous education with a physical component are actively promoted e.g. orienteering, problem solving
- The school takes opportunities to enhance the transition process through physical activities (and healthy eating)
- Learners are dressed appropriately for physical activity during Physical Education lessons and they can access P.E. changing facilities which are user-friendly and clean
- The indoor P.E. facilities are pleasant, clean and safe for carrying out physical activity

Extra Curricular Physical Activity and Active Play

- The school has appropriate playground, sport and recreation areas that are safe and fit for purpose
- Active play at lunchtime/break-times is supported through playground markings/zoning, play equipment and apparatus
- Lunchtime supervisors have received training to encourage physical activity during lunch times to reinforce physical literacy skills taught in the programmes above
- Learners within Year 5/6 are trained as Bronze Ambassadors to promote physical activity among their peers and lead games and activities during break/lunch time
- There is a range of inclusive and/or disability specific after school and lunchtime clubs appropriate for learners across the entire age range
- The school utilises Dragon Sport / 5x60 initiatives to support extra curricular activities
- Display areas around the school are used to promote physical activity and celebrate sporting achievement

Outdoor Education and Gardening opportunities

- As part of the curriculum, learners are encouraged to actively participate in growing fruit and vegetables in the school allotments
- Learners in all year groups have the opportunity to join the after-school Eco gardening club
- The school takes part environmental and sustainability initiatives such as Eco Schools
- The school has outdoor classrooms for all learners to enhance their learning within the curriculum

Active Travel

- The school has a School Travel Plan in place, which supports safe and active travel to and from school. Learners, parents and the wider community were consulted on its development
- The school has set up a Walking Bus that runs once a term daily, which parents support
- Staff, learners and parents are actively encouraged to walk, cycle or scoot to school
- Throughout the school year there is planned promotion of walking and cycling to school, through a range of events such as Walk to School month and the Big Walk
- The school engages with organisations and initiatives to promote active travel, such as Sustrans
- Cycle skills training is available for children and cycle racks are available for safe storage of bikes and scooters.
- Pedestrian skills training (Kerb Craft) is provided for Year 2 learners and supported by parent volunteers

Whole School Community Involvement

- **Actions taken to promote healthy eating and drinking are included in the Governors' Annual Report to Parents**
- The school ensures learner voice through the School Council - Food and Fitness Working Group
- The learner group is involved in promoting healthy eating / physical activity within the school community and they have a role in decision making (planning and developing actions, policy development / review)
- The Parent Teacher Association (PTA) provides a consistent message about healthy eating and physical activity through their school activities
- The school offers opportunities for families and the wider community to be involved in, and contribute to, activities related to food and fitness
- Families are made aware of community based programmes to support children's health and support for families in food poverty
- Staff act as role models to learners by drinking water / eating fruit snack / participating in physical activity and related events
- Links are made with local community organisations / sports clubs / business to support food and fitness activities

Role	Name	Signature	Date
Chair of Governors	Mr E Brown	<i>E. Brown</i>	26/09/24
Headteacher	Mrs M Davies	<i>M. Davies</i>	26/09/24
Review Dates:			

Local Contacts

Healthy Schools Carmarthenshire Network:

- Catrin Rees – Lead Healthy Schools Officer clrees@carmarthenshire.gov.uk,
- Shan Thomas – Healthy Schools Officer shethomas@carmarthenshire.gov.uk

Carmarthenshire School Catering Department

Carmarthenshire's Senior Catering Manager:

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Active Communities Team (Actif Carmarthenshire)

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(Bro Dinefwr, Amman Valley & Gwendraeth Valley Areas)

Hayley Lewis-Howell - HLewis@carmarthenshire.gov.uk (Llanelli Area)

Cath Kwan: CKwan@carmarthenshire.gov.uk (Carmarthen, Emlyn & Dyffryn Taf Areas)

Sustrans Cymru Schools Team, 029 20650602, schoolswales@sustrans.org.uk,

www.sustrans.org.uk/wales/education

Eco-Schools – Bethan Evans-Phillips, Bethan.Evans-Phillip@keepwalestidy.wales

Designed to Smile:

<http://www.designedtosmile.co.uk/home.html>

Oral Health & D2S Practitioners:

Sian Thomas - Sian.Thomas13@wales.nhs.uk (Llanelli, Carmarthen, Bro Dinefwr Areas)

Helen Edwards:

Jodie Jones: (Amman & Gwendraeth Valley & Bro Dinefwr Areas)

Please contact Sian Thomas in the first instance.

Related Documents

Healthy Eating in Schools (Wales) Measure 2009:

<http://www.legislation.gov.uk/mwa/2009/3/contents>

The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013:

<http://www.legislation.gov.uk/wsi/2013/1984/made>

Healthy Eating in maintained schools: statutory guidance:

<http://learning.wales.gov.uk/resources/browse-all/healthy-eating-in-maintained-schools/?lang=en>

Free Breakfast in Primary Schools statutory guidance:

<http://learning.wales.gov.uk/resources/browse-all/free-breakfast-in-primary-schools/?lang=en>

Food and Drink in Afterschool Clubs (WLGA):

<http://www.wlga.gov.uk/publications-and-consultation-responses-lll/healthy-eating-in-schools-l-afterschool-clubs-information>

Governors' responsibilities for school food: A guide for head teachers and governors (WLGA):

<http://www.wlga.gov.uk/publications-and-consultation-responses-lll/governors-responsibilities-for-school-food-a-guide-for-headteachers-and-governors>

WG Think Water guidance: <http://wales.gov.uk/topics/health/improvement/index/water/?lang=en>

In Perspective - Food and Fitness:

<http://wales.gov.uk/topics/health/improvement/index/perspective/?lang=en>

Climbing Higher (WG Strategy):

<http://wales.gov.uk/topics/cultureandsport/sportandactiver recreation/climbing>

Start Active-Stay Active: [Withdrawn publication: Start Active, Stay Active](#)

publishing.service.gov.uk (Since replaced by the

Healthy Weight Healthy Wales Strategy: [North Wales Regional Partnership Board Annual Report](#)
gov.wales)

Useful Websites:

Physical Activity

Physical Activity Guidelines: [UK Chief Medical Officers' Physical Activity Guidelines](#)

publishing.service.gov.uk)

Physical Activity Guidelines for 5-18 year olds: [Physical activity for children and young people: 5 to 18 years](#) publishing.service.gov.uk)

Sport Wales:

Physical Literacy: <http://physicalliteracy.sportwales.org.uk/en/> and

<http://www.youtube.com/watch?v=R8PIXqp3JpA>

Play 2 Learn (3-7 years): <http://www.sportwales.org.uk/community-sport/education/specialist-projects/play-to-learn.aspx> and <http://sportwales.org.uk/community-sport/education/play-to-learn.aspx>

Dragon Multi Skills (7-11 years): <http://www.sportwales.org.uk/community-sport/education/dragon-multi-skills--sport.aspx>

Youth Sport Trust: [Youth Sport Trust - Youth Sport Trust](#)

Sustrans – Active Travel: <http://www.sustrans.org.uk/wales>

Living Streets: [Walk to School | Living Streets](#)

Chance to Shine Cricket: [Free school resources | Chance to Shine](#)

Football Wales: [Play Football - FAW](#)

Golf Foundation: [Schools - Golf Foundation \(golf-foundation.org\)](#)

Lawn Tennis Association (LTA): [Learn More About The LTA & Our Work](#)

30 40 50 Club: <http://www.welshathletics.org/schools/teacher-education.aspx>

Brake Road Safety (walking events): <http://brake.org.uk/walkingbus>

Active Anywhere Platform: [Actif Anywhere - Actif](#)

Daily Mile: [The Daily Mile | Wales](#)

Healthy Weight: Healthy Wales Strategy: [North Wales Regional Partnership Board Annual Report \(gov.wales\)](#)

Disability Sport Wales: [Official Website of Disability Sport Wales](#)

Play Wales: [Home - Play Wales](#)

Nutrition

Food Standards Agency: <http://www.food.gov.uk/>

Food Standards Agency's Food Competencies: www.food.gov.uk/scotland/scotnut/scotteachtools/competencies/

Nutrition Skills for Life: [Nutrition Skills for Life®](#)

Food a Fact of Life: [Free education resources for teaching young people aged 3-16 years about where food comes from, cooking and healthy eating, and teacher training. - Food A Fact Of Life](#)

British Nutrition Foundation: www.nutrition.org.uk and Food a Fact of Life: <http://www.foodafactoflife.org.uk/>

Focus on Food: <http://www.focusonfood.org/index> , includes links to Literacy and Numeracy Framework: http://www.focusonfood.org/case_reader?id=19

Focus on Food Cook School (recipes and videos of cooking skills): <http://www.focusonfoodcookschool.co.uk/>

Shake Up your Wake Up Breakfast Week: <http://www.shakeupyourwakeup.com/content/breakfast-week>

Fruity Friday: World Cancer Research Fund: <http://www.wcrf-uk.org/uk/get-involved/fundraise-us/fruity-friday>

Eatwell Guide: <https://gov.wales/eatwell-guide>

Healthy Eating Week: <https://www.nutrition.org.uk/healthyliving/hew.html>

Food and Fitness

Food & Fitness in the Curriculum for Wales (2008): [untitled \(gov.wales\)](#)

Physical Activity and Nutrition Network for Wales: www.physicalactivityandnutritionwales.org.uk

Association for Physical Education (AfPE):

[Home - Association for Physical Education - Association For Physical Education | P.E. \(afpe.org.uk\)](#)

British Heart Foundation: <https://www.bhf.org.uk/> and school events: <https://www.bhf.org.uk/get-involved/events/schools-events>

Health Challenge Wales: <http://www.healthchallengewales.org/home>

Change For life: www.change4lifewales.org.uk

Sustainability and Outdoor learning

Carmarthenshire Outdoor Schools - <https://dysgu.hwb.gov.wales/networks/501b17bb-0c22-4239-8f01-9a642db11f47>

Natural Resource Wales: [Natural Resources Wales / Promoting physically active learning in the natural environment](#)

Outdoor Learning Wales: <http://www.outdoorlearningwales.org/home/>

SOUL: [Home - SOUL \(schooloutdoorlearning.com\)](#)

Forest Schools: [What are Forest Schools? An Introduction. - Forest Schools Education](#)

Learning through Landscapes: [Learn more about our outdoor learning charity | Learning through Landscapes \(ltl.org.uk\)](#)

Growing Schools: [The Growing Schools Garden](#)

Eco Schools: <http://www.eco-schools.org/> and <http://www.eco-schools.org/menu/contacts/countries#g89F07493-F2A9-4232-A0CE-5F85A713E6F7>